

**THE
BERKSHIRE
PSYCHOANALYTIC
INSTITUTE**

**BULLETIN
2014**

The Berkshire Psychoanalytic Institute

(A New Training Facility of the American Psychoanalytic Association)

BULLETIN

(Version 7.00)

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The Berkshire Psychoanalytic Institute, Inc. admits students of any race, color, national or ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, national or ethnic origin, sex, religion, age, disability, sexual orientation, or marital or family status in the administration of its educational policies, admission policies, scholarships and loan programs, or any other school-administered programs.

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THE BERKSHIRE PSYCHOANALYTIC INSTITUTE

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FUNCTIONS AND PURPOSES

The Berkshire Psychoanalytic Institute was founded in 2001 and was officially recognized by the American Psychoanalytic Association as a Provisional Institute of that Association on June 8, 2014. It was incorporated under the laws of the Commonwealth of Massachusetts in 2003.

The purpose of the Institute is to provide education in the theory, treatment, and research of psychoanalysis.

APPLICATION REQUIREMENTS

We welcome applications from clinicians with advanced degrees in psychology, psychiatry and social work. Applicants for psychoanalytic training are required to have a license to practice in their discipline. We will also consider applicants who anticipate licensure within a year and have met the requirements of their graduate program. It is expected that this will be completed within one year of the time of admission. Such applicants may be accepted for full training. However, prior to beginning the supervised analysis of a control case, candidates must be both licensed and carry malpractice insurance. Applicants for the Scholars Program should be working in their field of study. All application information will remain confidential.

The decision of pursue training in psychoanalysis is an important and significant career choice. The admissions process provides an opportunity for the potential candidate to assess the opportunities that our Institute provides for each individual's continued professional growth.

Application Procedure

The application form is available either by contacting the Administrator, Ms. Catherine Cardaropoli; by request from the Chair of the Admissions Committee, Dr. Gail Reed, or it can be downloaded from our website (www.berkshire-psychoanalytic.org). Once completed, the application form should be mailed to Dr. Gail Reed, Chair, Admissions Committee, the Berkshire Psychoanalytic Institute, P.O. Box 877, Stockbridge, MA 01262.

A non-refundable application fee of \$125 is charged to all applicants in order to cover in part the application procedures.

Following review of the application form, interviews will be arranged with

the Institute's faculty. All application materials and interviews will be kept in the strictest confidence. Every effort will be made to reach a decision in a prompt and timely manner, and then communicated to the applicant.

Enrollment

Those applicants who are accepted are eligible to enroll in the training program as candidates. The current tuition fee is \$3,000.00 per year for each of the first five years of course work. There is a charge for matriculation after completion of all course work, which is currently \$1,000.00 per year. Tuition and matriculation fees are payable in full at the beginning of each academic year. Tuition and fees may be subject to change after consideration by the Board. Fees for the personal psychoanalysis are arranged individually with the student's psychoanalyst. The usual supervision fee is equal to the fee of one session that the control is charged and paid to the supervisor.

The institute reserves the right to make changes to the analytic training program and fees charged for tuition and classes at the institute's discretion.

THE TRAINING PROGRAM

Personal Psychoanalysis

The goal of the personal analysis is essentially that of a therapeutic psychoanalysis with particular attention, however, to the realization by the student of his or her optimum potential as a psychoanalyst. All candidates are required to begin a personal analysis with a Training Analyst of the Berkshire Psychoanalytic Institute. Candidates make their own arrangements with an analyst of their choice. All training analyses are conducted with a minimum of four sessions per week. Some training analysts may recuse their analysands from the classes they teach, in which case other arrangements are made.

A period of personal analysis must be concurrent with a substantial period of the student's supervised psychoanalytic work. The opportunity for the candidate to explore personal responses to the analytic situation (and the supervisory situation) while analyzing a patient is essential to his or her own development as an analyst.

The total duration of the training analysis is an individual matter determined by analyst and analysand as long as it is on-going during a significant part of

training. In the event that the training analysis is not proceeding satisfactorily, it can be interrupted by analyst or analyst. In appropriate circumstances the training analysis may be undertaken with a different training analyst. It is the explicit policy of this Institute that the Training Analyst observes the strictest confidentiality with respect to the content of the training analysis.

Supervised Clinical Psychoanalyses

As part of their clinical training, candidates are required to carry out psychoanalytic treatments under the supervision of a Supervising Analyst. A minimum of three such treatments is required, but due to the unpredictable variations among candidates and their control cases, more may be required. Patients in supervised analyses must be seen a minimum of four sessions weekly, with weekly supervision. Periodic written reports of all of a student's clinical work is required. Approval to conduct analyses without supervision is given when the candidate achieves a satisfactory level of competence. The Education Committee, upon review of supervisors' reports, progress in coursework, and other materials, determines if the necessary level of clinical competence has been achieved to meet the requirement for graduation.

Didactic Courses and Seminars

The program is planned to give the student a thorough grounding in psychoanalytic theory, psychoanalytic technique, and the writing and presentation of the clinical process of psychoanalysis. The program of courses currently includes a five-year curriculum of required and elective courses. Candidate participation and presentation in the courses are a critical aspect of the candidate's education and progress toward graduation. All candidates are required to present clinical process from their training cases in seminars.

Curriculum

The core curriculum is planned with respect to the following areas of psychoanalysis: Psychoanalytic Theory, Development, Psychopathology, Clinical Technique and Clinical Process. These courses are complemented by a selection of electives, often taught by guest faculty and available from the first year of training. The curriculum includes five years of courses, with a main term of 28 weeks (three classes). Courses will be added for candidates who have completed the 4/5 year program as part of their education until they graduate.

Classes will generally meet on Wednesday 7:00 – 8:30 P.M. and Saturday 11:00 A.M. – 12:30 P.M.

If you have further questions regarding the curriculum, please contact Dr. Robin Renders.

The full curriculum, described below, will be held over a five year period starting September, 2012, with one class mid-week and one on Saturday mornings.

Below is the basic outline of the curriculum:

Year One:

Introductory Session

The purpose of this initial session is to provide an orientation to psychoanalytic thinking, discourse, and clinical psychoanalysis.

1. Introduction to Psychoanalysis and Technique.
2. Developmental Psychopathology.
3. On Reading Freud (elective).

Fall and Spring Terms (September-June)

1. Foundation of Psychoanalytic Theory: Writings of Sigmund Freud.

Psychopathology.

Hysteria, Anxiety, Obsessive-compulsions, Depression, Borderline and Narcissism

2. Development. Infant Development

3. Theory of Technique I. Overview of the essential elements of the psychoanalytic setting and process, using both readings and clinical presentation.

Year 2:

1. Ego Psychology and Object Relations Theory.

2. Theory of Technique II.

In depth consideration of the Psychoanalytic Frame, Unconscious derivatives, Defense analysis, Interpretation, Transference and Countertransference.

3. How Child Analysis Informs Adult Analysis.

4. Development II.
Preoedipal and Oedipal Development
5. Process . Faculty and candidate presentations.
6. Psychoanalytic Writing.

Year 3:

1. Professional Ethics II.
2. Theory of Technique III.
3. Psychoanalytic Theory III.
Theories of Self-psychology, attachment, and the interdisciplinary concepts of fantasy and representation, internalization, identification, and memory.
4. Severe Psychopathology.
5. Development III. Middle Childhood.
6. Psychoanalytic Writing.
7. Process. Faculty and candidate, adult clinical presentations.

Year 4:

1. Psychoanalytic Theory IV. Review and consolidation.
2. Theory of Technique IV: Focus on issues of termination.
3. Development IV. Adolescence.
4. Gender and Sexuality
5. Process: Child Presentation
6. Process: Candidate written and oral presentations

Although the Berkshire Psychoanalytic Institute does not offer training in Child Psychoanalysis at this time, the possibility of offering such training in the future is being explored. If interested, please contact Dr. Rona Knight.

Graduation

Upon satisfactory completion of the required work of the curriculum, and the supervised clinical work, candidates may request consideration for graduation. Specific criteria are set forth in the Progression Handbook. The candidates' overall experience and evaluations by supervisors and faculty are reviewed and the Education Committee makes the final determination.

Since the Berkshire Psychoanalytic Institute is a New Training Facility of the American Psychoanalytic Association, the Institute's graduates are eligible to apply for membership in the American Psychoanalytic Association as well as for membership in other affiliate societies of the American Psychoanalytic Association. Graduates of the Berkshire Psychoanalytic Institute are also eligible to apply for membership in that Institute as well.

These activities have been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and The Berkshire Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1 credit per hour AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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